

Women's lecture series continues Wednesday

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The Review

The second lecture of the three-lecture 2010 annual Women's Impact Lecture Series will be held from 11:30 to 1 p.m. Wednesday at the Kent State University Stark Campus Conference Center.

Each luncheon session in the series concentrates on a different aspect of being a successful agent of change and growth as a woman. Distinguished speakers share their own personal experiences and insights on how women are uniquely able to positively impact their own lives, their workplaces and the community as a whole. The series provides a chance for women to converse with the speakers and to network with other female leaders in the community.

The Wednesday talk, which focuses on making an impact through wellness, is sponsored by the Ohio Women's Bar Association, Stark County Bar Association and United Way of Greater Stark County. It will feature three different points of view related to physical and spiritual wellness. Speakers include Sister Carolyn Capuano, vice president of mission and ministry at Mercy Medical Center; Mary Jane Flossie, LNHA, BA, LPN, vice president of Altercare of Ohio; and Dorsey Ney, who has a Bachelor of Science degree in horticulture, herbal apprenticeship, and is a Riki master, yoga instructor and owner of Healthy Heart Healthy Pleasures in Alliance. The moderator will be Paula Mastroianni, director of community, criminal justice and provider relations for Mental Health and Recovery Services Board of Stark County.

Sister Capuano will speak about spiritual and physical wellness and balancing the two; Ney will give information on "extreme self care" from an Eastern vantage point; and Flossie will cover wellness in mind, body and soul.

The cost of the luncheon is \$25 each or \$200 for table sponsorship. The Kent Stark University Conference Center is located at 6000 Frank Ave. in North Canton. For more information or to register online, visit owba.org.